

Bethlehem Baptist Church, Pauls Valley, OK



# 2010

14 DAYS OF

# PRAYER AND FASTING

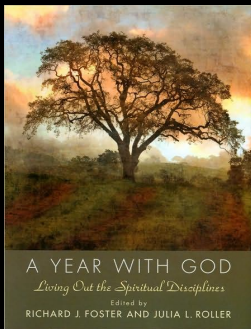
**MARCH 14-28, 2010**

**Fasting One Meal/Praying One Hour**

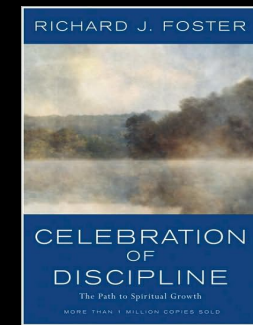
**For Revival.**

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# A Year With God

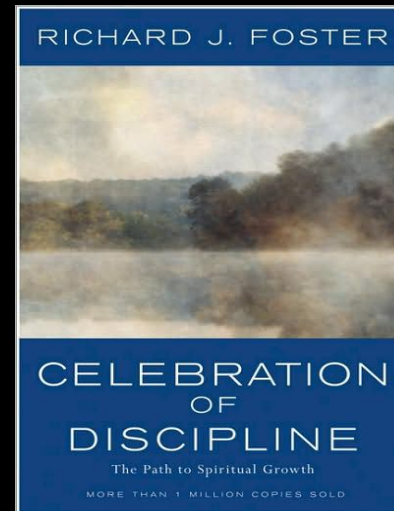
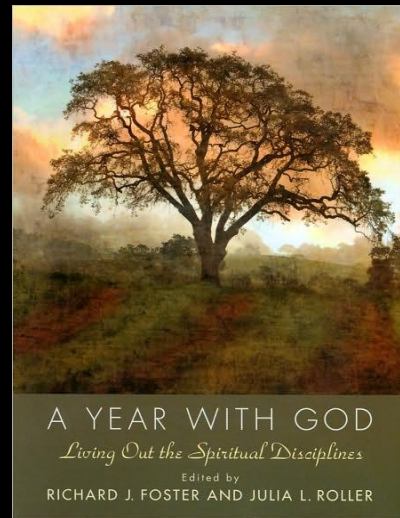


- This year has been designated, “A Year With God.” This year we will be using the book of the same name by Richard J. Foster to walk us through this year of devotion to God. “A Year With God” helps the Christian to focus on the basic disciplines of the Christian walk.

# How To Talk To God

- **March 2010** is designated, "Fasting Month." Richard Foster says of fasting, "Scripture has so much to say about fasting the we would do well to look once again at this ancient Discipline. The list of biblical personages who fasted reads like a "Who's Who" of Scripture: Moses the lawgiver, David the king, Elijah the prophet, Esther the queen, Daniel the seer, Anna the prophetess, Paul the apostle, Jesus Christ the incarnate Son."

# A Year With God

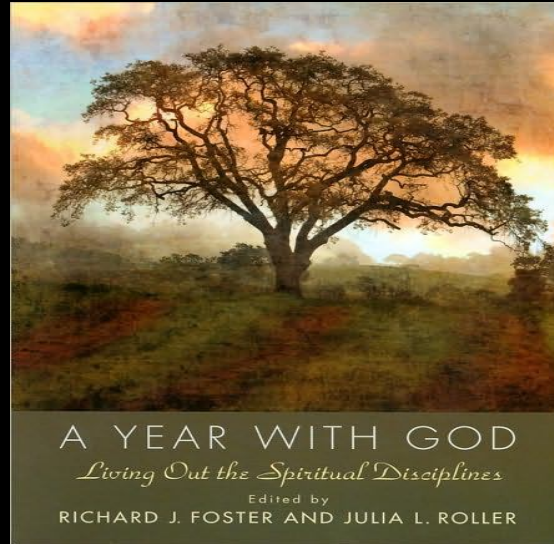


Our reading assignment this month will be from **“A Year With God”**. In the table of contents, **Days 226-245**. This section deals with Fasting. Also we will be reading from **“Celebration of Discipline”** pages **47 to 61**. The sermon series that I will be preaching this month is entitled, **“Fasting for the Future.”** **Matthew 6:16-18**

# Bethlehem Baptist Church



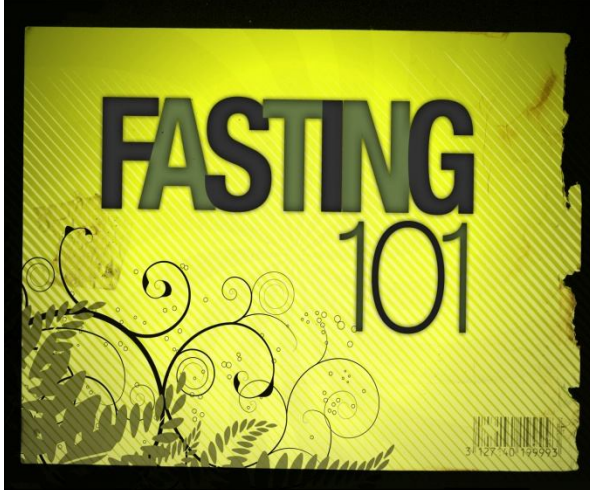
Pastor Eaton



## Bethlehem: Live It Out!



# PRAYER & FASTING



# THE MONTH THE DISCIPLINE OF FASTING



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# Fasting For Devotion

Matthew 6:5-18



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## Matthew 6:5-18 NIV

- **5**"And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full. **6**But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. **7**And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. **8**Do not be like them, for your Father knows what you need before you ask him.

## Matthew 6:5-18 NIV

- **9"This, then, is how you should pray: " 'Our Father in heaven, hallowed be your name, <sup>10</sup>your kingdom come, your will be done on earth as it is in heaven. <sup>11</sup>Give us today our daily bread. <sup>12</sup>Forgive us our debts, as we also have forgiven our debtors. <sup>13</sup>And lead us not into temptation, but deliver us from the evil one. [a]' <sup>14</sup>For if you forgive men when they sin against you, your heavenly Father will also forgive you. <sup>15</sup>But if you do not forgive men their sins, your Father will not forgive your sins.**

## Matthew 6:5-18 NIV

- **16**"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full. **17**But when you fast, put oil on your head and wash your face, **18**so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.



- I. A Father Prayer v. 5-8
- II. A Form Prayer v. 9-15
- III. A Fasting Prayer v. 16-18

**Thesis: Christians should fast and pray out of devotion to God.**

# Fasting For Devotion

I. A Father Prayer v. 5-8 **6But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.**

"The effective, fervent prayer of a righteous man avails much." (James 5:16b KJ)

# Fasting For Devotion

## II. A Form Prayer v. 9-15 **9" This, then, is how you should pray:...**

I. A Prayer of Praise v.2c ...'Father, hallowed be your name,...

**II. A Prayer of Purpose v.2d ...your kingdom come.**

III. A Prayer of Provision v.3 **3Give us each day our daily bread.**

**IV. A Prayer of Penitence v.4a-b 4Forgive us our sins**

V. A Prayer of Pardon v4c ... And lead us not into temptation.' "

## **Fasting For Devotion**

**III. A Fasting Prayer v. 16-18 16" When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full.**

**But this kind does not go out except by prayer and fasting. Matthew 17:20-22 AMP**

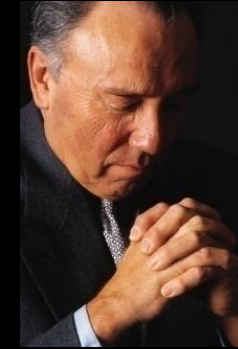
# Fasting For Devotion

**Conclusion:**



**Thesis: Christians should fast and pray out of devotion to god.**

# Fasti ng For Devoti on



- **Decisions to make today!**
- **Accept Jesus Christ as you Lord and Savoир**
- **Be baptized**
- **Join Bethlehem Baptist Church**
- **Ask for prayer**
- **Testify**
- **Ministry or Mission**

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# A Year With God

